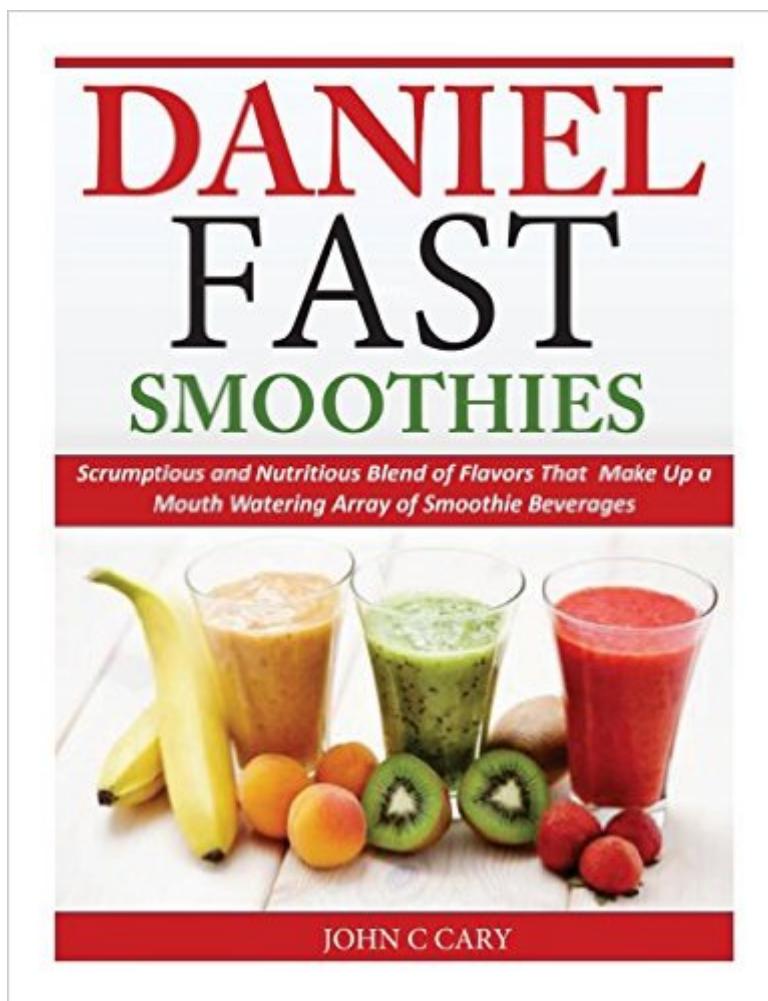


The book was found

Daniel Fast Smoothies: Scrumptious And Nutritious Blend Of Flavors That Make Up A Mouth Watering Array Of Smoothie Beverages



Synopsis

What You Will Find In This Book? Everyone loves to wake up in the morning and be greeted by a refreshing smoothie. Quick and easy to make smoothies come with their own tag line of bearing colors and natural flavors. But nobody wants to drink the same beverage again and again all the time. The 50 Daniel Fast Smoothie Recipes caters to the long search of the best smoothie beverage recipe collection. If you are a working mother or a busy bee, you can still enjoy the healthy benefits and the refreshing taste of a freshly made smoothie, with this monthâ™s worth of smoothie menu for breakfast or a healthy snack. The 50 Daniel Fast Smoothie Recipes recipe book includes: 1. Healthy and easy to make Daniel Fast approved smoothie recipes. 2. A Range of various Smoothies for Breakfast. 3. Beverage recipes with solely fruit ingredients. 4. Smoothies with creative and rich in flavor ingredients. 5. Preparation time, serving size and nutritional facts along with every recipe. With this book you wonâ™t even need to skim through the beverage section of recipe pages, looking for a way to make a fruity and natural drink. Just flip the page and read on for the nutritious list of time saving and healthy smoothie recipes.

Book Information

Paperback: 62 pages

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Average Customer Review: 4.4 out of 5 starsÂ See all reviewsÂ (7 customer reviews)

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Customer Reviews

I found the recipes to be very good, directions very easy to follow. Have tried the ones I thought I'd like best first . So far I haven't been disappointed.

This is a really disappointing book. There are better places to get recipes.

Life changing publications! I have been truly blessed...

Love this book. Great recipes.

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